

SPUN GLASS THEATRE

FIRST INFO PACK

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TESCO
Bags of Help



**THE
PLACE
THEATRE**
theplacebedford.org.uk



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**ARTS COUNCIL
ENGLAND**



Where and when?

TUESDAYS

12pm

SOUTHWATER COMMUNITY CENTRE, 1 and 2 Stainsby St, Saint Leonards-on-sea TN37 6LA

1.30pm

CENTRAL BRIGHTON (VENUE TBA)

WEDNESDAYS

12pm

OLD BOAT COMMUNITY CENTRE, Carden Hill Brighton BN1 8GN

What is it?

First is a creative workshop programme for parents/carers and babies 0-18 months.

We create a welcoming and playful space for you to explore creativity, art, music and more with your baby, meet other parents, and relax.

First is a calm and welcoming space for some much needed connection, storytelling and friendship.

Refreshments are provided

Free places

There are some free spaces available in each location for parents on Universal Credit, those under 25 and single parents.

Please contact us (info@spunglasstheatre.com / 07746 313410) to reserve a free place if any of the above apply.

Access Requirements

Please advise us if you have any access requirements and we will do our best to accommodate during the sessions/tell you about the accessibility of the venue.

CONTACT

info@spunglasstheatre.com

COST

£8 per session, payable termly in advance

To confirm your place:

We will operate on a first come/first served basis with places secured in order of payment received by BACS transfer.

BACS Transfer option with 10% discount

Jan-Feb term - £43.20

Pay for the term in advance by 17th December to take advantage of the 10% discount - £43.20 rather than £48.

Bank Details:

Spun Glass Theatre

The Co-Operative Bank

Account number: 65750528

Sort code: 08-92-99

Reference: your name + location eg Brighton



PayPal 'drop in' option

If you would rather pay weekly you can transfer us the £8 session payment **in advance** via PayPal.

Our username is SpunGlassTheatre
Email is jessica@spunglasstheatre.com

If you would like to attend but are having difficulty with the payment methods above please do feel free to send over an email. We are always willing to talk and try our best to accommodate individual needs.



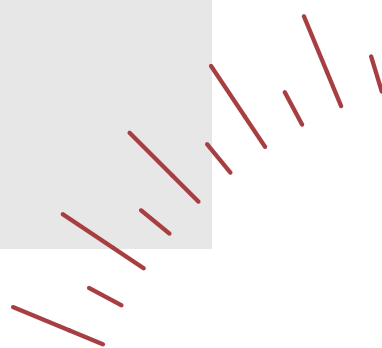
A restorative space

We know that being a parent can be hard, all consuming, exhausting, anxiety inducing, messy but also wonderful and beautiful and life changing and everything in between! Especially in that precious first year. That's why we have created a baby group that focuses on the needs of the parents as much as the needs of the baby. As parents we can tend to put our needs last. We 'people-please' (not only just with our babies - I'm thinking with friends, in-laws, work colleagues, partners!). We try to be everything to everyone. This can take a toll, and if not careful can lead to burnout.

Throw in a global pandemic and my goodness - Mamas/ Pappas/ Carers - you need some self care and connection! That's why we have two facilitators leading each group; so one can focus on the parents and one can focus on the babies. Obviously you will still be with your child throughout but there might be times, with the younger ones, where the adults have a chance to discuss and reflect or maybe take part in an artistic activity. And for the older ones there may be a chance of distraction or a game/ activity to keep them entertained whilst you go and make that well deserved cuppa!

Baby changing, feeding, cuddling, crying are all welcome and expected.

This is a space for YOU. We hope you enjoy your 90 minutes each week and it keeps you restored for the week ahead (and sometimes those tricky nights or nap times too!)



Safe space guidelines

We have a confidentiality safe space agreement within each of our groups. We kindly ask that if anything is discussed, during any exercises or general chats or storytelling that those things stay inside the room unless the person wishes to talk further. This just creates a safe space to talk with clear boundaries and respect for one another. We also will guide conversations if we feel they are of an upsetting nature and have an open door policy here at Spun Glass Theatre which means within the sessions feel free to talk to one of the facilitators if there's anything you are unhappy about but also feel free to call or email us at any time.

We are guided by government guidelines and the Early Years Alliance on Covid safety for this age group.



Health and Safety/ Covid Guidelines/ Further Information

1. First: In line with above we are operating a "mask-to-mat" policy and ask you to wear a face covering in any situation where social distancing is not possible but to remove your masks (if you are happy to) when you are sitting on your mat and communicating with your child. Make sure masks are put away out of reach of children when not in use. All First facilitators take a weekly Covid-19 test.

These conditions apply to all services provided by First. PPE and hand washing facilities are available.

2. Please do advise your class teacher if your child will be absent from any class. There are no refunds for temporary absence from classes (such as holidays or COVID related self isolation). Places with First are not refundable but they are transferable if you decide you would no longer like to attend.

3. Payment for classes is termly in advance or weekly via Direct Debit agreement. Places will be allocated on a first-come first-served basis and we therefore urge you to make payment as promptly as possible to avoid disappointment. Drop in sessions may be offered at a higher rate if there are available places within a session.

4. All children must be accompanied in the class by either a parent or nominated carer. Details of any parent/carers who will/may be attending classes with your child must be provided in advance. First cannot offer care for participating children.

5. Classes operate on the agreed dates and are subsidised by Arts Council England

6. Classes are strictly limited to a maximum of 15 adults (numbers may be less than this in COVID safe small bubble classes). First reserves the right to offer an alternative class when the chosen class is full or to put your details on a waiting list.

7. In the event of any complaints, First aims to settle any problems directly with the attending child's parent/carers. The maximum amount of First liability will not exceed the class fee except in the case of negligence on the part of First.

8. Children should not attend classes if they are ill and in particular if they are suffering from any illness which could be passed on to other children or their parents/carers (please see COVID guidelines in particular above). You should advise your class teacher if your child has developed an illness having attended any First class. Some parents/carers are pregnant and need to be able to make informed decisions about attending classes (such as in the case of German measles).

9. Photography, videoing or recording during classes will be carried out in accordance with photo consent forms. If any parent would not like images of their child published First will not include them on publicity or social media. Photography for the end of project exhibition will be agreed on an individual basis.

10. First classes provide quality time for a parent and one child 18 months or younger. No other children may attend the classes or spectate. There is no provision for childcare at First.

11. First and Spun Glass Theatre will retain your details on a confidential database for First administration and in-house mailings. Your information will not be passed on to any third party with the exception of track and trace in the event of a reported case of COVID symptoms.

12. These terms & conditions set out the entire agreement and understanding in relation to the subject matter of this contract and supersedes any previous agreements between the parties in relation to this contract.